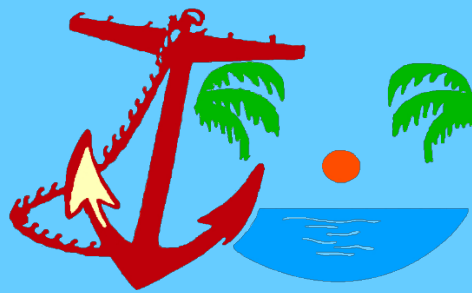


# El Ancla



RESTAURANTE EL ANCLA

PASEO MARÍTIMO, ALDEAS DE TARAY CLUB. LA MANGA DEL MAR MENOR

[WWW.RESTAURANTELANCLA.ES](http://WWW.RESTAURANTELANCLA.ES)

RESERVAS/BOOKINGS: +34 630392939



@ELANCLALAMANGA



Restaurante El Ancla

## **STARTERS - APERITIFS**

1. COLD CUTS.....	9.00€
2. "RUSSIAN SALAD" / MARINERAS.....	4.50 /2.50 €
3. CARPACCIO TUNA 100 Grs.....	10.00€
4. FRESH ANCHOVIES IN VINEGAR.....	10.00€
5. SMOKED SARDINE, TOMATO AND RED PEPPER .....	3.00€
6. GRILLED FRESH CHEESE .....	9.00€
7. PRAWNS GRILLED .....	19.00€
8. PRAWNS WITH GARLIC.....	12.50€
9. OCTOPUS.....	12.50€
10. CLAMS SEA.....	12.50€
11. "ANDALUZA" SQUIDS .....	11.00€
12. GRILLED CUTTLEFISH.....	13.00€
13. GRILLED SQUID.....	11.50€
14. FRIED BABY SQUID: CHOPITOS.....	10.00€
15. SPICY HOT POTATOES.....	5.00€
16. CROQUETTES.....	0.95€/unidad

## **SALADS**

17. <b>MIXTA:</b> LETTUCE,TOMATO,ONION, OLIVES,TUNA,PEPPERS,HARD BOILED EGG, CUCUMBER .....	7.00€
18. <b>MURCIANA:</b> CANNED TOMATO, HARD BOILED EGG, ONION, TUNA, OLIVES .....	7.00€
19. <b>ESPECIAL:</b> LETTUCE, TOMATO, PEACH, HARD BOILED EGG, CARROT, MAIZE, PALM HEART, TUNA, ASPARAGUS, SALMON.....	10.00€
20. <b>AHUMADOS:</b> TOMATO, ONION, SMOKED FISH, CAPS.....	8.50€
21. <b>"TUNAS VENTRESCA" SALAD</b> .....	9.50€
22. <b>MARISCO:</b> SHELLFISH SALAD .....	9.00€

## **TAXES INCLUDED**

Dear customer: For information regarding the presence of a food allergen on the menu, ask our staff.

## **MEATS**

23. GRILLED LAMB .....	14.00€
24. GRILLED PORK SIRLOIN .....	15.50€
25. IBERIAN PORK .....	17.00€
26. ENTRECOTE: VEAL FILLET STEAK .....	16.00€
27. GRILLED VEAL SIRLOIN .....	19.00€
28. SAUCE: PEPPER / ROQUEFORT / ALI- OLI / WINE AND CURRANT .....	2.75€

## **FISHES**

29. GRILLED SEA BASS .....	15.00€
30. GRILLED SEA BREAM .....	15.00€
31. GRILLED HAKE .....	12.00€
32. "A LA VASCA" HAKE .....	16.00€
33. MENIERE SOLE .....	13.50€
34. COD IN GREEN SAUCE .....	15.00€
35. GRILLED SALMON .....	12.00€
36. GRILLED SARDINES .....	s/m€
37. FRIED FRESH ANCHOVIES .....	s/m€
38. FRIED FISH .....	16.00€

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### RICES (MINIMUM TWO FOOD RATIIONS)

39. MIXED "PAELLA" .....	11.00€/portion
40. GREENS VEGETABLES "PAELLA" .....	11.00€/portion
41. SEAFOOD "PAELLA" .....	11.50€/portion
42. RICE " A BANDA": PRAWNS AND SQUIDS .....	11.50€/portion
43. RABBIT AND SNAILS "PAELLA" .....	13.75€/portion
44. PAELLA "CALDERO": TYPICAL RICE.....	12.50€/portion
45. RICE AND LOBSTER (custom-made product) .....	19.00€/portion

### VARIOUS DISHES

46. GAZPACHO: VEGETABLE COLD SOUP.....	5.50€
47. TUNA OMELETTE WITH SALAD.....	9.50€
48. FRIED EGGS AND POTATOES.....	8.00€
49. CAMPERO: LONG PORK SAUSAGE, HARD PORK SAUSAGE, EGGS WITH POTATOES ...	11.00€
50. GRILLED CHICKEN, FRIED EGG WITH POTATOES .....	9.50€
51. FRIED SQUIDS, FRIED EGG AND POTATOES .....	9.50€
52. PORK LOIN, FRIED EGG AND POTATOES.....	9.50€
53. MACARONI, TUNA, TOMATO SAUCE AND CHESSE.....	7.50€
54. SEAFOOD SOUP .....	8.00€

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## PIZZAS

55. <b>MARGARITA:</b> TOMATO, CHEESE, HAM .....	8.00€
56. <b>VEGETAL:</b> TOMATO, CHEESE, MUSHROOM, ONION, PEPPERS, CAPERS, ARTICHOKES, ASPARAGUS .....	10.00€
57. <b>MARINERA:</b> TOMATO, CHEESE, PRAWNS, TUNA, ONION, ANCHOVIES .....	10.00€
58. <b>CUATRO ESTACIONES:</b> TOMATO, CHEESE, HAM, MUSHROOM, TUNA .....	9.00€
59. <b>ROQUEFORT:</b> TOMATO, CHEESE, HAM, ROQUEFORT .....	9.00€
60. <b>TROPICAL:</b> TOMATO, CHEESE, HAM, PINEAPPLE .....	8.00€
61. <b>CARNAVAL:</b> TOMATO, CHEESE, ONION, MINCED MEAT, BACON .....	10.00€

## TOASTS, SANDWICHES AND HAMBURGUERS

62. SOBRASADA TOAST WITH HONEY AND WALNUTS .....	4.50€
63. BANANA TOAST ROQUEFORT .....	4.50€
64. HAM TOAST WITH TOMATO .....	4.50€
65. MIXED SÁNDWICH .....	4.00€
66. "PEPITO": PORK LOIN AND TOMATO .....	5.50€
67. "PEPITO": FILLET OF VEAL .....	7.50€
68. HAMBURGER WITH CHEESE, LETTUCE, TOMATO .....	6.50€
69. HAMBURGER <i>ANGUS</i> WITH GOAT CHEESE, BANANA AND MARMALADE OF TOMATE .....	11.00€
70. HAMBURGER <i>ANGUS</i> WITH BACON, ROQUEFORT AND CAMELIZED ONION .....	11.00€
71. TUNA HAMBURGER WITH LETTUCE AND TOMATO .....	9.00€

## POSTRES

72. CREAM CARAMEL .....	4.00€
73. CUSTARD .....	4.00€
74. RICE PUDDING .....	4.00€
75. ASIÁTICO ICE CREAM .....	4.50€
76. CHEESE CAKE .....	4.00€
77. CHOCOLATE CAKE .....	4.00€
78. HOUSE DESSERT .....	4.00€
79. MELÓN / SANDIA .....	2.50€

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# WINE LIST

## RED WINE

### **D. O. JUMILLA**

ALCEÑO 12 meses. Monastrel .....	16.80 €
ALCEÑO ORGANIC .....	12.00 €

### **DE LA TIERRA- CAMPO DE CARTAGENA**

DARIMUS. Cabernet Sauvignon - Merlot .....	11.00 €
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### **D. O. RIOJA**

ÓBALO. Crianza. Tempranillo.....	18.00€
RIOJA VEGA. Crianza.....	14.00€
DOMINIO DE EGUREN. Joven.....	9.00€
RAMÓN BILBAO. Crianza .....	16.00€

### **D. O. RIBERA DEL DUERO**

EL LAGAR DE ISILLA. Crianza .....	19.00€
LA CELESTINA. Crianza .....	18.00€

## ROSÉ

### **D. O. JUMILLA**

ALCEÑO. Monastrel .....	10.00€
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### **D. O. BULLAS**

CARRASCALEJO.....	9.00€
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## **WHITE WINE**

### **D. O. JUMILLA.**

RIBERA DEL SEGURA. Macabeo .....	9.00 €
ALCEÑO. Sauvignon.....	10,00€

### **VINOS DE LA TIERRA – CAMPO DE CARTAGENA.**

VIÑA GALTEA. Macabeo .....	9.00 €
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### **D.O RIOJA.**

RIOJA VEGA BLANCO VIURA.....	10.00€
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### **D. O. RUEDA.**

ORO DE CASTILLA. Verdejo .....	12.00 €
RAMÓN BILBAO. Verdejo.....	13.00 €

### **D. O. RIAS BAIXAS.**

VALDAMOR. Albariño .....	18.00 €
MAR DE FRADES. Albariño .....	18.00 €

### **D. O. CAVA.**

CAVA TRENCADIS BRUT NATURE.....	18.00 €
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### **ESPUMOSO DE CARTAGENA**

GALTEA – BRUT NATURE.....	10.00 €
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### **D.O. JUMILLA**

ALCEÑO ROSÉ ESPUMOSO .....	19,00€
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### **SIDRAS**

SIDRA “EL GAITERO”.....	8.00 €
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