

El Ancla

Restaurant & Ice Cream



PASEO MARÍTIMO
ALDEAS DE TARAY CLUB
LA MANGA DEL MAR MENOR



www.restaurantelancla.es

reservas/bookings: +34 630392939



@elanclamanga



Restaurante El Ancla



STARTERS - APERITIFS

1. COLD CUTS.....	9.00€
2. "RUSSIAN SALAD" / MARINERAS.....	4.50 /2.50 €
3. TUNA CARPACCIO 100 Grs.....	10.00€
4. FRESH ANCHOVIES IN VINEGAR.....	11.00€
5. SMOKED SARDINE, TOMATO AND RED PEPPER	3.50€
6. GRILLED FRESH CHEESE	9.00€
7. GRILLED PRAWNS	19.00€
8. PRAWNS WITH GARLIC.....	12.50€
9. OCTOPUS.....	13.75€
10. CLAMS SEA.....	14.50€
11. "ANDALUZA" SQUIDS	11.00€
12. GRILLED SQUID.....	14.50€
13. GRILLED CUTTLFISH.....	11.50€
14. FRIED BABY SQUID: CHOPITOS.....	11.00€
15. SPICY HOT POTATOES.....	5.00€
16. CROQUETTES (minimum four food rations).....	1.20€/unidad

SALADS

17. <u>MIXTA</u> : LETTUCE, TOMATO, ONION, OLIVES, TUNA, PEPPERS, HARD BOILED EGG, CUCUMBER	7.50€
18. <u>MURCIANA</u> : CANNED TOMATO, HARD BOILED EGG, ONION, TUNA, OLIVES.....	7.50€
19. <u>ESPECIAL</u> : LETTUCE, TOMATO, PEACH, HARD BOILED EGG, CARROT, MAIZE, PALM HEART, TUNA, ASPARAGUS, SALMON.....	11.50€
20. <u>AHUMADOS</u> : TOMATO, ONION, SMOKED FISH, CAPS.....	9.00€
21. <u>"TUNAS VENTRESCA"</u> SALAD	9.50€
22. <u>MARISCO</u> : SHELLFISH SALAD.....	9.00€

TAXES INCLUDED

Dear customer: For information regarding the presence of a food allergen on the menu, ask our staff.

MEATS

23. GRILLED LAMB	14.00€
24. GRILLED PORK SIRLOIN	15.50€
25. IBERIAN PORK	17.00€
26. ENTRECOTE: VEAL FILLET STEAK	18.50€
27. GRILLED VEAL SIRLOIN	19.00€
28. SAUCE: PEPPER / ROQUEFORT / ALI- OLI / WINE AND CURRANT	2.90€

FISHES

29. GRILLED SEA BASS	16.00€
30. GRILLED SEA BREAM	16.00€
31. GRILLED HAKE	12.00€
32. "A LA VASCA" HAKE	16.00€
33. MENIERE SOLE	13.50€
34. COD IN GREEN SAUCE	15.00€
35. GRILLED SALMON	12.00€
36. GRILLED SARDINES	s/m€
37. FRIED FRESH ANCHOVIES	s/m€
38. FRIED FISH	17.00€

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RICES (MINIMUM TWO FOOD RATIONS)

39. MIXED "PAELLA"	11.00€/portion
40. GREENS VEGETABLES "PAELLA"	11.00€/portion
41. SEAFOOD "PAELLA"	11.50€/portion
42. RICE "A BANDA": PRAWNS AND SQUIDS.....	11.50€/portion
43. RABBIT AND SNAILS "PAELLA"	13.75€/portion
44. PAELLA "CALDERO": TYPICAL RICE.....	12.50€/portion
45. RICE AND LOBSTER (custom-made product)	19.50€/portion

VARIOUS DISHES

46. GAZPACHO: VEGETABLE COLD SOUP.....	5.50€
47. TUNA OMELETTE WITH SALAD.....	9.50€
48. FRIED EGGS AND POTATOES.....	8.00€
49. HUERTANO: LONG PORK SAUSAGE, HARD PORK SAUSAGE, EGGS WITH POTATOES ..	11.00€
50. GRILLED CHICKEN, FRIED EGG WITH POTATOES	9.50€
51. FRIED SQUIDS, FRIED EGG AND POTATOES	9.50€
52. PORK LOIN, FRIED EGG AND POTATOES.....	9.50€
53. MACARONI, TUNA, TOMATO SAUCE AND CHESSE.....	7.50€
54. SEAFOOD SOUP	8.00€

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PIZZAS

55. <u>MARGARITA</u> : TOMATO, CHEESE, HAM	8.50€
56. <u>VEGETAL</u> : TOMATO, CHEESE, MUSHROOM, ONION, PEPPERS, CAPERS, ARTICHOKEs, ASPARAGUS	10.00€
57. <u>MARINERA</u> : TOMATO, CHEESE, PRAWNS, TUNA, ONION, ANCHOVIES	10.00€
58. <u>CUATRO ESTACIONES</u> : TOMATO, CHEESE, HAM, MUSHROOM, TUNA	9.00€
59. <u>ROQUEFORT</u> : TOMATO, CHEESE, HAM, ROQUEFORT	9.00€
60. <u>TROPICAL</u> : TOMATO, CHEESE, HAM, PINEAPPLE	8.50€
61. <u>CARNAVAL</u> : TOMATO, CHEESE, MINCED MEAT, BACON	10.00€

TOASTS, SANDWICHES AND HAMBURGUERS

62. SOBRASADA TOAST WITH HONEY AND WALNUTS	4.50€
63. BANANA TOAST ROQUEFORT	4.50€
64. HAM TOAST WITH TOMATO	4.50€
65. MIXED SÁNDWICH	4.00€
66. "PEPITO": PORK LOIN AND TOMATO	6.00€
67. "PEPITO": FILLET OF VEAL	7.50€
68. HAMBURGER WITH CHEESE, LETTUCE, TOMATO	6.50€
69. HAMBURGER <i>ANGUS</i> WITH GOAT CHEESE, BANANA AND MARMALADE OF TOMATE	11.00€
70. HAMBURGER <i>ANGUS</i> WITH BACON, ROQUEFORT AND CAMELIZED ONION	11.00€

POSTRES

71. CREAM CARAMEL	4.00€
72. CUSTARD	4.00€
73. RICE PUDDING	4.00€
74. <i>ASIÁTICO</i> ICECREAM	4.50€
75. CHEESE CAKE	4.00€
76. CHOCOLATE CAKE	4.00€
77. HOUSE DESSERT	4.00€
78. MELÓN / SANDIA	2.50€
79. LEMON SORBET WITH CAVA	according to the ice cream menu
80. ICE CREAM/ICE CREAM GLASSES/SPECIAL COFFEE AND ICE CREAM ..	ask the ice cream menu

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WINE LIST

RED WINE

D.O. JUMILLA

LA PRIMERA. Vino de autor. Monastrell, Cabernet Sauvignon, Syrah.	18.00€
ALCEÑO 12 MESES. Monastrel	16.80€

DE LA TIERRA - CAMPO DE CARTAGENA

DARIMUS. Cabernet Sauvignon - Merlot	11.00€
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D.O. RIOJA

ÓBALO. Crianza. Tempranillo.....	18.00€
LUIS CAÑAS. Crianza. Tempranillo, Garnacha	18.00€
DOMINIO DE EGUREN. Joven	9.00€
RAMON BILBAO. Crianza.....	16.00€

D.O. RIBERA DEL DUERO

FINCA RESALSO. Tempranillo. Emilio Moro.....	17.00€
EL LAGAR DE ISILLA. Crianza.	16.00€

ROSÉ

D.O. JUMILLA

ALCEÑO. Monastrel.....	10.00€
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D.O. BULLAS

CARRASCALEJO	9.00€
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WHITE WINE

D.O. JUMILLA

RIBERA DEL SEGURA. Macabeo.	9.00€
ALCEÑO. Sauvignon	16.80€

DE LA TIERRA - CAMPO DE CARTAGENA

VIÑA GALTEA. Macabeo.	9.00€
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D.O. RIOJA

RIOJA VEGA BLANCO VIURA.....	10.00€
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D.O. RUEDA

LA ÚLTIMA. Vino de autor. Verdejo.....	11.00€
JOSÉ PARIENTE. Verdejo.	17.00€
ORO DE CASTILLA. Verdejo.....	12.00€
RAMON BILBAO. Verdejo.....	13.00€

D.O. RIAS BAIXAS

NORA. Albariño.....	18.00€
MAR DE FRADES. Albariño.	18.00€

D.O. CAVA

CAVA TRENCADIS BRUT NATURE.....	18.00€
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ESPUMOSO DE CARTAGENA

GALTEA - BRUT NATURE.....	10.00€
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SIDRAS

SIDRA EL GAITERO	8.00€
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